

Contents:

This dietary supplement is a potent blend of colloidal (water soluble) minerals sourced from Humic shale and Kelp powder. Additional chelated minerals (known to be most deficient in modern diets), have been added. These include: Selenium, Zinc, Boron, Magnesium, Chromium, Copper, Calcium, Potassium, Molybdenum, Iron and Manganese. Total minerals in each capsule is not less than 400 mg of active ingredient. (Kelp powder supplies iodine and some vitamins) Colloidal minerals are organic, totally natural. Store in a cool dry place.

Ashtech Services Ltd t/a

in-sync minerals

P O Box 8820, Symonds Street
Lower Ground Floor, 79 Grafton Road
Auckland 1035 New Zealand
F +64 9 358 1158 PH +64 9 521 0318

Manufactured by New Zealand Nutritional
Christchurch New Zealand

in-sync minerals

www.in-syncminerals.com

colloidal minerals
+
sea minerals
+
anti-oxidants
+
selenium

270 Capsules

Adults: Build to 4 caps per day. With injury, disease or sickness, increase to 7 caps per day (mostly taken at night just before sleep).

Children respond well. (Calculate 1 cap per 20 kg [50 lb] body weight per day) as a regular dose.

When you start taking In-Sync, you embark on a journey to mental and physical well being.

Initially you may go through some periods of detoxification. These phases indicate that some health issues are present and are being addressed. Symptoms may include initial tiredness and/or bowel flushing. Such effects can be minimised by decreasing your dose for a while then slowly increasing. The above are not directions, but are what we have found to be beneficial. Supportive life style changes are recommended.

We welcome any feedback, call free 0800 141 400 or email info@in-syncminerals.com

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